

Pre-Congress Certified Course on Bio-Identical Hormone Replacement

Certified by A4M Iberia

Sponsored by GenoSolutions, Receptura GmbH and BodyLogicMD

Taught by Dr. Alicia Stanton, M.D., Chief Medical Officer BodyLogicMD

Date: May 28th 2008, from 10am to 6pm

Location: Hotel Miragem Cascais

Course Outline

1. Bio-identical Hormone Therapy
 - The Hormone Symphony
 - Hormone Pathways
2. Estrogens and Progesterone
 - Estrogen Replacement – symptoms; risks/benefits
 - Estrogen Metabolism
 - Osteoporosis and Breast cancer Estrogen metabolites
 - Progesterone Replacement – symptoms; risks/benefits
3. Testosterone: Andropause and Sexual Health
 - Testosterone Therapies and its modulations
 - Determine the uses of testosterone for men and women, including complications, precautions, side effects and monitoring
4. Thyroid Hormones: T-3 and T-4 and TSH:
 - Understand how to clinically diagnose hypothyroidism
 - How to recognize and treat Thyroid Hormone resistance
 - How to recognize and treat T4 and T3 conversion problems
5. Cortisol and Adrenal Function
 - Understanding hormone pathways under stress
 - Signs/symptoms of high or low cortisol
 - Treatment of Adrenal Fatigue
6. Testing and Follow-Up
 - The lab tests considerations: functional and genetic tests
 - Follow-up lab tests – Saliva vs Serum vs Urine
7. Hormone Dosing and Follow-up
 - Routes of delivery
 - Dosages
8. Discussion and analysis of practical cases in Bio-identical Hormone Replacement Therapy

Course leader

Dr. Alicia Stanton, M.D.

Alicia Marie Stanton, MD is the founder of BodyLogicMD of Hartford, a practice dedicated to anti-aging medicine and maintaining optimum health through bioidentical hormone therapy, nutrition and fitness programs. Dr. Stanton graduated magna cum laude from SUNY at Buffalo School of

Medicine. She founded Enfield Gynecology and Obstetrics, P.C. in CT and practiced obstetrics and gynecology for 10 years. Stanton truly enjoyed private practice and training new physicians as an Assoc. Professor at the University of Connecticut Medical School. During that time, she underwent extensive surgery for a spinal cord tumor and developed an appreciation for the importance of nutrition and balance in relation to health. In light of this, Dr. Stanton decided to shift her practice to focus entirely on preventive medicine, anti-aging and hormone therapy. She joined BodyLogicMD in 2005. Dr. Stanton is board certified by the American College of Obstetrics and Gynecology and the Diplomate Board of Anti-Aging Medicine. She is also a member of the American Medical Association, the American Academy of Anti-Aging Medicine and the American Nutraceutical Association.

Course Fees:

Course Fee: 275 Euros plus VAT

Participants who have purchased a Full passport to the Congress: 240 Euros plus VAT

Please note: course fee includes lunch and two coffee breaks

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